

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

S.L., by and through his parents and guardians,  
J.L. and L.L.,

Case No. C18-1308-RSL

**ORDER GRANTING  
MOTION TO COMPEL  
DISCOVERY**

PREMERA BLUE CROSS, et al.,  
Defendants.

This matter comes before the Court on plaintiff's "Motion to Compel Discovery" (Dkt. No. 10). Having reviewed the submissions of the parties and the record contained herein, the Court finds as follows:

## I. Background

This action arises under the Employee Retirement Security Act of 1974 (“ERISA”). Dkt. # 1. Plaintiff S.L., by and through his parents, seeks coverage for his mental health treatment at Catalyst, a residential treatment center in Utah. *Id.* Plaintiff received coverage under the Amazon Corporate LLC Group Health and Welfare Plan (the “Plan”) through his father, an Amazon employee. *Id.* at ¶ 1, 13. Amazon Corporate LLC (“Amazon”) self-insures and administers the Plan, and Premera Blue Cross (“Premera”) serves as the claims processor. *Id.* at ¶¶ 2-4.

On May 16, 2016, Premera denied the preauthorization request for plaintiff's treatment at Catalyst as not medically necessary. See Dkts. # 29-5 (Ex. E), # 29-6 (Ex. F). On September 19, 2016, plaintiff's parents initiated a first-level appeal, see Dkt. # 29-8 (Ex. H), which was

1 denied on September 26, 2016, Dkts. # 29-11 (Ex. K), # 29-13 (Ex. M). Plaintiff's parents  
 2 subsequently proceeded with a second-level appeal on November 16, 2016, Dkt. # 29-12  
 3 (Ex. L), which was denied on December 20, 2016, Dkt. # 29-15 (Ex. O). Thereafter, plaintiff  
 4 initiated this ERISA action to challenge defendants' benefits determination. Dkt. # 1.

## 5       **II. Motion to Seal**

6       As a threshold matter, the Court finds that compelling confidentiality concerns outweigh  
 7 the public's interest in disclosure of records regarding plaintiff's juvenile mental health. The  
 8 Court further finds that the risk of competitive harm to Premera and its licensor McKesson  
 9 outweighs the public's interest in disclosure of documents containing Premera and McKesson's  
 10 trade secrets. The Court therefore grants Premera's "Motion to File Under Seal Exhibits 5-20 to  
 11 Declaration of Gwendolyn C. Payton in Support of Premera's Opposition to Plaintiffs' Motion  
 12 to Compel Rule 30(b)(6) Deposition" (Dkt. # 54).

## 13      **III. Motion to Compel Discovery**

14     Because the Plan confers discretion on Premera to determine eligibility for benefits and  
 15 to construe the terms of the Plan, the standard for this Court's review is abuse of discretion. See  
 16 Firestone Tire & Rubber Co. v. Bruch, 489 U.S. 101, 115 (1989). When reviewing ERISA  
 17 cases for abuse of discretion, courts are generally limited to the administrative record. See  
 18 Abatie v. Alta Health & Life Ins. Co., 458 F.3d 955, 970 (9th Cir. 2006) (en banc). However,  
 19 even under this deferential standard, limited discovery regarding the existence, extent, and effect  
 20 of a conflict of interest on the part of the plan administrator has long been permitted in ERISA  
 21 cases. See id.

22     When a plaintiff is entitled to discovery beyond the administrative record in an ERISA  
 23 case, this discovery is subject to the limitations of the Federal Rules of Civil Procedure. The  
 24 plaintiff may only "obtain discovery regarding any nonprivileged matter that is relevant to any  
 25 party's claim or defense and proportional to the needs of the case." Fed. R. Civ. P. 26(b)(1); see  
 26 also Hancock v. Aetna Life Ins. Co., 321 F.R.D. 383, 389-90 (W.D. Wash. 2017). The Court  
 27 must limit the frequency or extent of discovery that is outside the scope of Rule 26(b)(1) or  
 28 otherwise unreasonably cumulative or duplicative, among other requirements. Fed. R. Civ.

1 P. 26(b)(2)(C). The party seeking to compel discovery has the burden of establishing that its  
 2 requests are relevant. Doe v. Trump, 329 F.R.D. 262, 270 (W.D. Wash. 2018) (citing Fed. R.  
 3 Civ. P. 26(b)(1)). “[T]he party who resists discovery has the burden to show that discovery  
 4 should not be allowed, and has the burden of clarifying, explaining, and supporting its  
 5 objections.” Id. (quoting Blemaster v. Sabo, No. 2:16-CV-04557 JWS, 2017 WL 4843241, at  
 6 \*1 (D. Ariz. Oct. 25, 2017)).

7 On August 17, 2020, the Court granted plaintiff’s motion to compel production of  
 8 documents responsive to his Second Request for Production. Dkt. # 47 at 5. This discovery  
 9 related to defendants’ adoption and utilization of the InterQual criteria for claims processing. Id.  
 10 at 2. In granting that motion, the Court rejected defendants’ assertion that there was no conflict  
 11 of interest. Id. at 3. Rather, the Court found that plaintiff had pointed to evidence showing that  
 12 a conflict of interest may indeed have impacted defendants’ benefits determination. Id. at 3-4.<sup>1</sup>

13 Here, plaintiff again seeks discovery regarding the InterQual coverage criteria that  
 14 Premera used when it denied his request for continued residential mental health coverage under  
 15 the Plan, this time via a Federal Rule of Civil Procedure 30(b)(6) deposition of Premera.  
 16 Premera concedes that plaintiff seeks to depose it regarding the same topics as the Second  
 17 Requests for Production, and the Court already compelled defendants to produce documents  
 18 responsive to those Requests. See Dkt. # 52 at 1. Premera nonetheless objects to the deposition  
 19 on the grounds that the topics do not go to conflict of interest, the topics are too broad, and  
 20 Premera has already produced all information that it has on the topics. Id.

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23       <sup>1</sup> This included evidence showing that: (1) defendants denied coverage because the information  
 24 from Catalyst was out-of-date, but defendants allowed Catalyst only 90 minutes to obtain the requested  
 25 information from plaintiff’s prior therapy program, (2) Premera’s first-level appeal reviewer considered  
 26 records only from the day of plaintiff’s admission to Catalyst even though his parents provided  
 27 additional medical documentation and despite that the InterQual criteria describe a look-back of 24  
 28 hours to six months, (3) Premera’s second-level appeal panel did not include a mental health specialist,  
 and (4) one of Premera’s appeal panelists expressed a strong disinclination for residential treatment  
 centers, despite clear Plan language describing medically necessary coverage of residential mental  
 health treatment. Dkt. # 47 at 3-4.

1       Premera largely rehashes arguments made in its response to plaintiff's original motion to  
 2 compel discovery.<sup>2</sup> These arguments ignore the fact that the Court already concluded that  
 3 plaintiff had shown sufficient evidence of a potential conflict of interest to obtain discovery, and  
 4 that discovery regarding the InterQual coverage criteria was relevant to this conflict. The Court  
 5 is not persuaded by Premera's argument that “[t]he actual documents conclusively show that  
 6 there is no conflict.” Dkt. # 52 at 8. For example, as plaintiff argues, “increased efficiency,”  
 7 which Premera indicates was one motivation for adopting InterQual, may signal a cost-savings  
 8 motive. See Dkts. # 52 at 5, # 57 at 4.

9       While Premera states that the deposition topics are too broad, it provides no specific  
 10 argument regarding why they are too broad or how they should be narrowed. Premera also  
 11 again ignores the fact that the Second Requests for Production were similarly broad.<sup>3</sup> Premera  
 12 has therefore failed to carry its burden on this argument as well.

13       Premera's arguments that the deposition would be duplicative are likewise unavailing.  
 14 Premera argues that it has already produced all on-topic information and that any gaps are  
 15 because Premera “simply did not conduct the type of analysis that [plaintiff] seeks information  
 16 about.” Dkt. # 52 at 9. Premera posits that this scenario is equivalent to that in Hancock, and  
 17 that the Court should therefore follow the Hancock court's lead and deny plaintiff's deposition  
 18 request. Premera is mistaken. In Hancock, there was “no indication that the written discovery  
 19 regarding Aetna's training and supervision of its employees during the period Ms. Hancock's  
 20 claim and appeal were pending [was] insufficient.” Hancock, 321 F.R.D. at 395. Here, plaintiff  
 21 asserts that Premera has failed to produce discovery regarding “the rationale behind Premera's  
 22 decision to adopt the InterQual Criteria, including the medical, legal, economic and other factors  
 23 Premera reviewed or any alternatives Premera considered.” Dkt. # 50 at 2. This situation is  
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25       <sup>2</sup> Reading both memoranda in turn evokes a sense of déjà vu, as large portions are nearly, if not  
 26 completely, identical. Compare Dkt. # 31 at 6-8 with Dkt. # 52 at 6-8.

27       <sup>3</sup> To the extent that plaintiff's deposition notice includes topics beyond the InterQual criteria, the  
 28 Court notes that Premera raised no arguments regarding the impropriety of these topics, and therefore  
 considers any such objections waived.

1 therefore unlike Hancock because plaintiff asserts insufficiency of the written discovery.  
2 Premera claims that a deposition would not reveal any new information relevant to plaintiff's  
3 requests. However, plaintiff need not take Premera's word for it – he is entitled to a deposition.  
4 See Doe, 329 F.R.D. at 274 ("Parties are ordinarily entitled to test interrogatory responses and  
5 document production through depositions."); see also Hancock, 321 F.R.D. at 394 (finding that  
6 defendants had not adequately shown that deposition regarding claims handling policies and  
7 procedures would be duplicative of written discovery regarding claims handling policies and  
8 procedures).

9 **IV. Conclusion**

10 For all of the foregoing reasons, IT IS HEREBY ORDERED that:

11 1. Plaintiff's Motion to Compel Discovery (Dkt. # 50) is GRANTED.  
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13 2. Premera's Motion to File Under Seal Exhibits 5-20 to Declaration of Gwendolyn C.  
14 Payton in Support of Premera's Opposition to Plaintiffs' Motion to Compel Rule 30(b)(6)  
15 Deposition (Dkt. # 54) is GRANTED.

16 DATED this 22<sup>nd</sup> day of August, 2022.

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18 Robert S. Lasnik  
19 United States District Judge  
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